1992
Virginia Pathways

MONROE INSTITUTE

The Monroe Institute is a retreat center\ university surrounding the teachings of Robert Monroe. Monroe has written two well known books, *Journeys Out of the Body* and *Far Journeys*. One of the things that makes Monroe's work unique is that he did not come from either a mystical or metaphysical background. In fact, Monroe was initially a very conservative person who began having spontaneous out of body experiences in the late Fifties. The journal he kept for the next twelve years became his first book.

The center began as a research institute designed to develop techniques to create through artificial means the same experiences that were occurring to Monroe spontaneously. Now guests can apply to take the training, and if accepted come for a one week adventure. The Institute claims that a full 80% of their graduates return for further study, thus assessing their success rate to be quite high. For information contact 804-361-1252.